### **ENTRY FORM**

## YOU DO NOT HAVE TO PRE-ENTER, BUT IT WOULD HELP WITH THE ORGANISATION AND CATERING IF YOU DO

### Online booking via:

https://www.sientries.co.uk/event.php?event\_id=9194

Or using this form:

Please enter me/us for the VALLEY AND VIEWS. I/we agree to abide by the rules of the event.

### **BLOCK CAPITALS PLEASE**

	PLEASE TICK DISTANCE			
NAME	42 km	26 km	11 km	

Please continue on a separate piece of paper if necessary.

ADDRESS OF INDIVIDU	JAL OR TEAM (	CAPTAIN	

### YOUR MOBILE PHONE NO:

ICE PHONE NO: .....(Somebody else: In Case of Emergency)

				- ~		01 21	- 6
	Entry Costs						
Membership Status	42 km	Total	26 km	Total	11 km	Total	Total
•		£		£		£	
Waendel WC Members	£8		£4		£1		
Non WWC Members	£12		£8		£2		
Under 5	n/a		n/a		Free		
Grand Total £							

Make cheques payable to WAENDEL WALKERS CLUB

SEND ENTRY FORM TO: Tony Bridgman, 92 Blandford Avenue, Kettering, Northants NN16 9AS

PLEASE ENCLOSE AN S.A.E. FOR RETURN OF RECEIPT IF REQUIRED

SIGNED:	DATE:	

NOTE: Parent or guardian must sign if walker is under 16 years of age. If you wish to be considered for the Youngest Walker award, please give date of birth ......

### THE WAENDEL WALKERS CLUB

Presents The 20th

# VALLEY AND VIEWS

Three circular routes for running and walking through the Welland Valley

### SUNDAY 24th APRIL 2022

### **DISTANCES AND START TIMES:**

42 Kms 07.30 - 09.00

26 Kms 07.30 - 11.00

11 Kms 09.00 - 13.00

Runners can not start before 10.00am

IVV REGISTERED BWF Club No. 1

START & FINISH
WILBARSTON
VILLAGE HALL
Nr CORBY
NORTHANTS LE16 8QE



.....O.S. MAP 141 & 223 .....GRID 815 883

### GENERAL INFORMATION

**DATE:** 24<sup>th</sup> April 2022

**VENUE:** VILLAGE HALL, WILBARSTON Nr CORBY NORTHANTS

 STARTING
 42 kms
 07.30 - 09.00

 TIMES:
 26 kms
 07.30 - 11.00

 11 kms
 09.00 - 13.00

### Runners can not start before 10.00am

### All entrants must check back in before 17.30

**LATE ENTRIES:** You can enter on the day.

**REFRESHMENTS:** Free refreshments and cake etc will be provided at each

checkpoint on the long and middle routes. Cooked breakfasts will be available all day at the start/finish at a reasonable price.

A licensed bar will also be open.

**PARKING:** There is plenty of parking space available, but please follow the

directions given by the marshals.

**RETIREMENTS:** If you have to retire, please try to do so at a checkpoint, and you

will be transported back to the start.

**FIRST AID:** First Aid cover will be available.

**AWARD:** Every entrant can receive a certificate on request.

**TROPHIES:** There is a plaque for the youngest walker, given at the

organiser's discretion.

#### RULES

- (1) IVV special provisions do not apply to this event. This event does not fall with the scope of the AALR
- (2) The walk is open to any individual, civilian or military teams.
- (3) Walkers under 16 years of age must have parental consent to enter and must be accompanied by a responsible adult.
- (4) Where they exist, footpaths must be used, otherwise obey the highway and country codes, e.g. ensuring gates remain shut after use.
- (5) Any walker causing damage or spreading litter will be disqualified and shall liable to personal prosecution.
- (6) Each participant takes part at his or her own risk.
- (7) If an entrant fails to report, or does not complete the walk, the entry fee will not be refunded.
- (8) The walk will take place whatever the weather conditions.
- (9) Dogs must be kept under strict control.
- (10) The organisers are not liable for negligence, accidents, thefts and/or damage to property. Every effort will be made by the organisers to make this a safe, enjoyable and memorable event.

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THE WAENDEL WALKERS CLUB ORGANISES SOCIAL EVENTS, REGULAR WALKS IN NORTHAMPTONSHIRE AND THE SURROUNDING COUNTIES THROUGHOUT THE YEAR, AS WELL AS COACH TRIPS. ANY MEMBER OF THE PUBLIC IS WELCOME AT ANY OF OUR EVENTS.

FOR FURTHER INFORMATION: Please see our website <a href="www.waendel.org.uk">www.waendel.org.uk</a> or Find us on Facebook at WaendelWalkersClub